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FORM 23-B

SECURITIES AND EXCHANGE COMMISSION Metro Manila, Philippines

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to filing requirement	Check box if no longer subject

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 23 of the Securities Regulation Code

Name and Address of Reporting Person	2. Issuer Name and Trading Symbol	ading Symbol			7. Relationship of Re	7. Relationship of Reporting Person to Issuer	(Check alf applicable)	
COSIO AUGUSTO JR. M.	MRC Allied, Inc.							
	Tax identification Number		5. Statement for Month/Year		}	Director Officer		10% Owner Other
11 New Jersey St New Manile	168-603-906-000	000	11.24			(give title below)		(specify below)
(Street)	4. Citizenship		 FAmendment, Date of Original (MonthYear) 	ne of ar)				
Quezon City	Filipino							
City) (Province) (Postal Code)				Table 1 - E	Table 1 - Equity Securities Beneficially Owned	neficially Owned		
1. Class of Equity Security	2. Transaction Date	4. Securities Acquir	 Securities Acquired (A) or Disposed of (D) 		 Amount of Securiti 	 Amount of Securities Owned at End of Month 	4 Ownership Form: Direct (II) or Indirect (I) *	Nature of Indirect Beneficial Ownership
	(Month/Day/Year)	Amount	(A) or (D)	Price	*	Number of Shares		
Beginning Balance					0.00029	250,000		
Common Shares					0.00000	10	(D)	N/A
Common Shares	7/8/2024	127,500	(A)	0.51	0.00029	250,000	(I)	Through Broker
Total						500,010		

capital stock of the issuer, provide the disclosure requirements set forth on page 3 of this form. If the change in beneficial ownership is 50% of the previous shareholdings or is equal to 5% of the outstanding

(Print or Type Responses)

Reminder: Report on a separate line for each class of equity securities beneficially owned directly or indirectly.

- A person is directly or indirectly the beneficial owner of any equity security with respect to which he has or shares:
 (A) Voting power which includes the power to vote, or to direct the voting of, such security, and/or
- (B) Investment power which includes the power to dispose of, or to direct the disposition of, such security.

- (2) A person will be deemed to have an indirect beneficial interest in any equity security which is:
 (A) held by members of a person's immediate family sharing the same household;
 (B) held by a partnership in which such person is a general partner;
 (C) held by a corporation of which such person is a controlling shareholder; or
 (D) subject to any contract, arrangement or understanding which gives such person voting p
- subject to any contract, arrangement or understanding which gives such person voting power or investment power with respect to such security.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., warrants, options, convertible securities)

Separation		N/A					
w g m		7					
Exercise Price of Derivative Security		N/A					
Date (Month/Day/Yr)		N/A					
Acquired (A) or Disposed of (D)	Amount	N/A					
Disposed of (D)	(A) or (D)	N/A					
Exercisable and Expiration Date (Month/Day/Year)	Date Exercisable	N/A					
	Expiration Date	N/A					
Underlying Securities	Тие	N/A					
Underlying Securities	Amount or Number of Shares	N/A					
Derivative Security		N/A					
	End of Month	N/A	1				
ship Form of Derivative Security; Direct (D)	or indirect (i)	N/A					
of Indirect Beneficial Ownership		N/A					

Explanation of Responses:

7/8/2024 Date

Note: File three (3) copies of this form, one of which must be manually signed.

Attach additional sheets if space provided is insufficient.

DISCLOSURE REQUIREMENTS IN CASE OF MATERIAL CHANGES IN BENEFICIAL OWNERSHIP (50% INCREASE/DECREASE OR EQUIVALENT TO 5% OF THE OUTSTANDING CAPITAL STOCK OF ISSUER)

Item 1. Security and Issuer

State the title of the class of equity securities to which this Form relates and the name and address of the principal executive offices of the issuer of such securities.

Item 2. Identity and Background

provide the information specified in (a) through (f) of this Item with respect to such person(s). principal business, the address of its principal office and the information required by (d) and (e) of this Item. If the person filing this statement is If the person filing this Form is a corporation, partnership, syndicate or other group of persons, state its name, the province, country or other place of its organization, its a natural person,

- a. Name;
- Residence or business address;
- Present principal occupation or employment and the name, principal business and address of any corporation or other organization in which such employment is conducted;
- the dates, nature of conviction, name and location of court, any penalty imposed, or other disposition of the case; Whether or not, during the last five years, such person has been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors) and, if so, give
- Φ Whether or not, during the last five years, such person was a party to a civil proceeding of a judicial or administrative body of competent jurisdiction, domestic or temporarily enjoining, barring, suspending or otherwise limiting involvement in any type of business, securities, commodities or banking; and foreign, and as a result of such proceeding was or is subject to any order, judgment or decree, not subsequently reversed, suspended or vacated, permanently or

Citizenship.

Item 3. Purpose of Transaction

State the purpose or purposes of the acquisition of securities of the issuer. Describe any plans or proposals which the reporting persons may have which relate to or

- The acquisition by any person of additional securities of the issuer, or the disposition of securities of the issuer.
- An extraordinary corporate transaction, such as a merger, reorganization or liquidation, involving the issuer or any of its subsidiaries
- A sale or transfer of a material amount of assets of the issuer or of any of its subsidiaries;
- Any change in the present board of directors or management of the issuer, including any plans or proposals to change the number or term of directors or to fill any existing vacancies on the board;
- Any material change in the present capitalization or dividend policy of the issuer;
- Any other material change in the issuer's business or corporate structure;
- g. Changes in the issuer's charter, bylaws or instruments corresponding thereto or other actions which may impede the acquisition of control of the issuer by any person;
- Causing a class of securities of the issuer to be delisted from a securities exchange;
- Any action similar to any of those enumerated above.

Item 4. Interest in Securities of the Issuer

9 State the aggregate number and percentage of the class of securities identified pursuant to Item 1 beneficially owned (identifying those shares which acquire within thirty (30) days from the date of this report) by each person named in Item 2. persons who, together with any of the persons named in Item 2, comprise a group. The abovementioned information should also be furnished with respect to

- Ò For each person named in response to paragraph (a), indicate the number of shares as to which there is sole power to vote or to direct the vote, shared power to vote whom the power to vote or to direct the vote or to dispose or direct the disposition is shared. or to direct the vote, sole or shared power to dispose or to direct the disposition. Provide the applicable information required by Item 2 with respect to each person with
- Describe any transaction in the class of securities reported on that were effected during the past sixty (60) days by the persons named of securities involved; (4) the price per share or unit; and (5) where or how the transaction was effected. The description shall include, but not necessarily be limited to: (1) the identity of the person who effected the transaction; (2) the date of the transaction; (3) the amount in response to paragraph (a).
- d. If any other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of such securities, a statement to that effect should be included in response to this Item and, if such interest relates to more than five (5%) percent of the class, such person should be
- Φ If the filing is an amendment reflecting the fact that the reporting person has ceased to be the beneficial owner of more than five (5%) percent of the class of securities, state the date on which such beneficial ownership was reduced

Item 5. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer

relationships have been entered into. Include such information for any of the securities that are pledged or otherwise subject to a contingency the occurrence of which guarantees of profits, division of profits or loss, or the giving or withholding of proxies, naming the person with whom such contracts, arrangements, understandings or securities of the issue, including but not limited to transfer or voting of any of the securities, finder's fees, joint ventures, loan or option arrangements, puts or calls, would give another person voting power or investment power over such securities except that disclosure of standard default and similar Describe any contract, arrangement, understanding or relationship among the person named in Item 2 and between such persons and any person with respect to any agreements need not be included. provisions contained in loan

Item 6. Material to be Filed as Exhibits

Copies of all written agreements, contracts, arrangements, understandings, plans or proposals relating to:

- the acquisition of issuer control, liquidation, sale of assets, merger, or change in business or corporate structure or any other matter as disclosed in Item 3; and
- 0 the transfer or voting of the securities, finder's fees, joint ventures, options, puts, calls, guarantees of loans, guarantees against losses or the giving or withholding of any proxy as disclosed in Item 5.

AUGUSTO M. COSIO, JR.

President & CEO